**NEO** is a non-profit organization that was started by local teens three years ago because they saw a problem in the community and wanted to change it.

**YOUTH ARE BORED!**

Some adults in the community wanted to help but they didn’t actually know what youth wanted or what they liked. This group is FOR THE YOUTH BY THE YOUTH. We know what youth want because this group is made up of you and me. Anyone can let their voice be heard.

**WHAT DO YOU WANT TO SEE MORE OF?** Dances, concerts, business’s staying open later, more sports events, more places to ride bikes????

NEO gives youth new opportunities and encourages them to live a healthy lifestyle.

**YOU MAKE THE CHOICE!**

By providing alternative activities we empower youth to choose to be drug and alcohol free. We have powerful messages to help youth be themselves, to laugh more, exercise, eat right, and believe in themselves. Our activities and events open doors for youth and give them new hopes, dreams, and support in a fun environment. **Check out the next event and get involved doing what you love!**

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**Upcoming events**

1/12 GYTAP @ the Boardwalk  
Orangevale, Ca 7-11pm $?

1/14 Breast Cancer Benefit Show  
(Flyer on Page 21)

1/21 Songwriter showcase $5 6-9pm  
Sierra Mountain Coffee Roasters

1/24 NEO Community meeting  
(Flyer on Pg 4)
Local Bands tell us

What are you most looking forward to for the new year?

Tanner Turner
Seeing new bands get bigger and better and NEO throwing more awesome events.

Simon Lace
Playing music with more advanced musicians.

Brigdon James Markward
I look forward to playing more diverse music and venturing out more.

Jackson Glorfield
I’m super stoked to get opposition better known and bringing more and more musicians into the local scene!

Danny Molina
More bands starting, seeing currently existing bands improve, and seeing new bands from out of town.

Tre Maloy
Spreading my music more. I’m hoping to add more members to GYTAP, work on our live shows a bit, and write lots of new music. In 2012, be prepared for a crazier, brutal-er, sexier, and more entertaining GYTAP!!!

Martin Luther King Jr. Day

Monday January 16th, 2012

“I have a dream...”

Fun Facts
• Speech delivered on Aug. 28th 1963
• On the steps of the Lincoln Memorial
• During the march for Jobs and Freedom
• Speech called for racial equality and an end to discrimination
• About 200,000-300,000 people attended
• March was credited with helping to pass the Civil Rights Act (1964) and the Voting Rights (1965)

Wikipedia, 2011

National Hugging Day

January 21st

Give somebody a hug at the NEO Community Meeting Tuesday January 24th.

This is for all ages and anyone that wants to get involved, have fun, and make a difference in our community!

Briar Patch Community Room 5-6pm

Did you know?

Bob Dylan performed at the march for Jobs and Freedom—the same march that Martin Luther King, Jr. delivered his famous speech?

Check out these songs from other performers!

“How I Got Over”-Mahalia Jackson
“Only a Pawn in Their Game” & “When the Ship Comes In”-Bob Dylan joined by folk singer Joan Baez
“If I Had a Hammer” & “Blowin' In The Wind”-Peter, Paul and Mary

Blowin in the Wind

“Yes, how many years can some people exist, Before they’re allowed to be free?
Yes, how many times can a man turn his head, Pretending he just doesn’t see?”

Interview with Bob Dylan: “I still say that some of the biggest criminals are those that turn their heads away when they see wrong and know it’s wrong. I’m only 21 years old and I know that there’s been too many . . . You people over 21, you’re older and smarter.”

Lyric Freaks
Different types of extreme metal and hardcore + various forms of electric dance music = Grab Your Torch and Pitchfork

Not the music your grandma listens to!

GYTAP started when the brains behind the operation, Tre Maloy, wanted to bring something crazy and loud to his little hippie school. There was a school showcase performance and it was all that was needed to jumpstart this band. They starting out with six people for the school performance but then dropped to just two on vocals. After a summer performance, two became one. Tre records, writes, plays the drums and keyboard. He is a very creative performer and is definitely one of a kind. He started playing bass when he was eight years old but never actually got serious until around age ten. As he developed his bass skills he started to learn a bit of guitar too. Just recently he’s learned how to play keyboard and has been working on his DJ skills to incorporate into his live shows. Some of his influences include bands such as Slipknot, The Locust, Insect Warfare, I wrestledabear once, Lady Gaga, Justin Beiber, Cattle Decapitation, Skrillex, and Deadmau5. He refers to his music as “DanceGrind/PartyViolence” and incorporates his influences of metal and hardcore with dubstep, trance, gabber, synthpop and more. Tre is very self-motivated and has continued developing the band even with all the changes. He didn’t waste anytime but has already self-recorded, self-produced, released, and promoted a three song demo and a five song EP and is currently working on a full length album. For the new year he would like to add a few more members to the band. If you’re a drummer, guitarist, or keyboardist and like the style of GYTAP you should get ahold of Tre and see if sparks fly! Check them out at the Boardwalk in Orangevale, January 12th at 7pm or visit www.facebook.com/GYTAP.

The joy of living at home! Having to follow certain rules, not always getting to do what you want, or do the same things as your friends. There were definitely times when i was frustrated or mad at my mom but looking back on it now i thank her because even though she was making my life so difficult at the time, i now see that she was really just being a good parent and protecting me from ending up like so many do today. Your parents set rules because they care about you and love you. I say, love yourself, respect yourself. Know who you are and learn to make good decisions. If you want people to trust you, you have to give them an honest reason to. -Halli

My promise to my children ~ as long as I live ~ I am your Parent 1st -your Friend 2nd. I will stalk you, flip out on you, lecture you, drive you insane, be your worst nightmare & hunt you down like a bloodhound when needed because I LOVE YOU ! When you understand that, I will know you are a responsible adult. You will NEVER find someone who loves, prays, cares, & worries about you more than I do! If you don’t hate me once in your life - I am not doing my job properly. Re-post if you are a parent & agree

Artist: Tiffany Seagrave

“I like the process more than the outcome”
Hello from Halli!
Most of you know that I live in Santa Cruz now for school and write these ZINES as a way to stay in touch with Grass Valley & NEO. My favorite part about SC is the beach! I rode my bike from my house and it only took me 15 minutes and that was the long way! Have you ever tried riding your bike on the sand? It’s pretty funny. You start sinking and swerving, it reminds me of when your car slides on ice. It only lasts about 3 seconds but it makes me laugh every time.

I know we all have facebook but there’s something magical about receiving hand written mail. If you have a question, need advice, someone to talk to, or just like receiving mail also, write me! 528 Western Drive Santa Cruz, CA 95060

"Life is all about risks and it requires you to jump. Don't be a person who has to look back and wonder what they would have or could have had. No one lives forever.”

Tongue Fu! Tip #1
How to hold opposing opinions at the same time without becoming enemies.

• Really listen- don’t just wait for your turn to talk so you can “prove” your opinion is better.
• Getting rid of but is one way we can stop needlessly offending people.
• Using the word and acknowledges the other person’s feelings and point of view and makes them feel heard.
• Using and moves the conversation forward to a resolution.

“Of course I’m yelling. That’s because I’m wrong.”
- Leslie Charles

Brownie Stuffed Chocolate Chip Cookies
INGREDIENTS:
1 brownie mix
2 sticks softened butter
1 Cup granulated sugar
3/4 Cup packed light brown sugar
2 eggs
1 Tablespoon vanilla
3 1/2 Cup all purpose flour
1 teaspoon kosher salt
1 teaspoon baking soda
2 Cups semi sweet chocolate chips

1. Preheat oven to 350 degrees F. Prepare brownie according to package directions. Let cool completely then cut into 1 1/2 inch squares.
2. In a stand or electric mixer, beat the butter and sugars until light and fluffy. Add eggs and vanilla, continue to beat until well combined.
3. Place flour, salt and baking soda into a bowl; mix to combine then add slowly to wet ingredients along with the chocolate chips.
4. Place a large cookie scoopful of dough on top of a brownie square and another large scoop on the bottom. Gently press and enclose brownie with dough adding pinches more dough to cover sides if needed. Place 6 filled cookies onto a parchment lined baking sheet and bake for 18-22 minutes or until edges are golden brown. Remove and let cool for 15 minutes.
For the New Year I'd just like to say to anyone reading that as we make our resolutions and we wonder what is to come as more time passes, that as we strive for these goals there will be times when we feel strong and there will be times when we feel weak. It's okay to express these feelings. Never think that you have to be something that you are not. But always remember who you are, what you strive for, and to love everyone around you. Everyone is beautiful in their own special way, so don't spend your time comparing yourself to others you'll only disappoint yourself. Like I've always said it's what's on the inside that counts; it's what you put into this world. So maybe make one of those resolutions to go out of your way to make someone's day. Everybody Love Everybody! Happy Holidays and Happy New Year!

Check out our NEO Coordinator's hilarious Youtube channel

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NEW YEAR'S RESOLUTIONS
FROM THE GILMORE AFTER SCHOOL PROGRAM

* To be nicer to people
* To start lifting weights
* To stop watching the H.U.B. (Channel 121) so much
* To stop playing a lot of video games
* To stay who I am
* To do better in school and get A's

Thank you GASP!

What do you call a dinosaur that never gives up?

A Try-Try-Try-Ceratops!

You can do it!
This year's theme at the national CADCA conference is

Collaborate. Advocate. Innovate.

“We have a unique and innovative approach to prevention and I think that's why we were chosen.” Lynn said.

It's our turn to give back and hopefully inspire others to take what they learn and apply it to their communities. Help us to make a difference by donating what you can today! Donations will help airfare, hotel, and cost of registration fees at the conference.

THANK YOU!!!

halli@ncneo.com

Local youth get a chance of a lifetime!

Donate money and help send two local youth to Washington D.C. this February to host a workshop based on NEO and the drug & alcohol prevention strategies that were developed right here in Grass Valley!

This year's theme at the national CADCA conference is

Collaborate. Advocate. Innovate.

Early life lesson: Don't mess with cats

MEEEOOOW!

I'm gonna get you, then I'm gonna eat you!

Police Blotter
Best of December 2011

8:51 p.m. — A caller from the 300 block of Chapel Street reported a vehicle hit a pedestrian. The driver ran over their own foot and was taken to the hospital.

11:17 a.m. — A female reported she was stuck in an elevator at Nevada Union High School. Calfire responded.

7:25 a.m. — A caller from the 400 block of Dalton Street reported vandalism to a vehicle. The caller also reported finding a blue pumpkin in the back seat.

12:49 p.m. — A man from the 200 block of Horizon Circle reported a bumblebee was in his residence and causing him to have a panic attack. The bee could not be located.

2:53 a.m. — A caller from the 300 block of Pleasant Street reported loud music.

7:33 p.m. — A man from the 16000 block of Cooper Road reported a woman stole his cat and threatened him. It was found to have been friends playing a trick.

4:57 p.m. — A caller from the 10000 block of Combie Road reported a man lying in a driveway with garbage bags around him. At 7:09 p.m., a woman reported the man was causing a commotion by barking at her dogs.

Who's barking at who?

5:04 p.m. — A caller from the 300 block of Bennett Street reported a man who was very drunk was standing on a balcony, yelling and throwing knives at cats on the ground.